

Please make a personal commitment to pray regularly during this STEWARDSHIP OF PRAYER and encourage others, especially members of your family, to do so as well. Check the options that best represent your prayer intentions, or use the added space to write out your commitment in your own words.

Read and Appreciate Printed Prayers
Five Minutes a Day Commitment to Prayer
Attend Sunday Mass Regularly
Attend Daily Mass
Daily Rosary
Shared Prayer with Family
Morning/Night Prayer
Scripture Readings
Way of the Cross
Prayer Before and After Meals
Meditation
Novena
Attend a Spiritual Retreat This Year
Reconciliation (Confession)
YOUR OWN METHOD OF PRAYER

YOUR OWN METHOD OF PRAYER:

KEEP THIS IN A PLACE WHERE YOU AND YOUR FAMILY CAN REVIEW IT PERIODICALLY DURING THE YEAR.

"I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope."

JEREMIAH 29:11



DISCERN What is of VALUE

From Paul's Letter to the Philippians

"This is my prayer:

That your love may
increase ever more and more
in knowledge and every kind
of perception, to discern what
is of value, so that you may be
pure and blameless for the day
of Christ, filled with the fruit
of righteousness that comes
through Jesus Christ for the
glory and praise of God."

PHILIPPIANS 1:9-11 (NABRE)